



On Site for Seniors
'Your Path'

What is the purpose?

The goals of the 'Your Path' Program are to support a holistic, person-centered model of care to promote smooth, safe transitions through the frail stages of life with good quality of life, appropriate use of health care resources, and high personal satisfaction.

Who does this program serve?

Appropriate referrals into the 'Your Path' Program are individuals who are:

- Over the age of 65
- Live in Kootenai County
- Have 2 or more chronic medical conditions, not expected to resolve in the next 12 months
- Have recently undergone a decline in functional status requiring increased daily care or recently been released from the hospital.
- Medical follow up planned within the next 6 weeks with PCP.

What is provided?

Upon referral into the 'Your Path' Program, each person will be matched with a personal Guide volunteer who is trained to help individuals to:

- Develop a holistic, self-identified, goal-oriented support plan that can be integrated into the person's overall care plan.
- Create and maintain a Personal Wellness Record, including completion of advance directives where appropriate.
- Engage more actively in his/her goals based on personal values and preferences.

Think of it like a GPS -- a Guided Plan of Support!

'Your Path'--
a creative partnership to make
person-centered goals
a reality

'Your Path' Guide Program

REFERRAL FORM

Name: _____ DOB: _____

Phone: _____ Location: _____

Contact Person (if different from above): _____

Contact Person Phone: _____

Reason for Referral: _____

Recent clinical decline due to: _____

Recent life transition (describe briefly): _____

Other: _____

Special Considerations: _____

Referring Provider (please type/print): _____

Signature Line: _____ Phone: _____

Date: _____